

# JLE Hebrew School Parsha Checklist

## @ Lake Success Chabad

### Shabbat

\_\_\_ (Girls) I lit a Shabbat candle on time and said the bracha:

ברוך אתה אדוני אלהינו מלך העולם אשר קדשנו במצותיו וצונו להדליק נר של שבת קדש

Baruch a-ta A-do-nay Elo-hei-nu me-lech ha-o-lam a-sher ki-di-sha-nu bi-mitz-vo-tav vi-tzi-va-noo li-had-leek nershel Sha-bat ko-desh.

\_\_\_ I heard or made Kiddush on grape juice and said the bracha or answered amen:

*Barukh ata Adonai Eloheinu melek ha'olam borei p'ri hagafen.*

\_\_\_ I shared what I learned about the Parsha, with my family

\_\_\_ I sang the Parsha song that I learned at Hebrew School

\_\_\_ I went to synagogue

\_\_\_ I kissed the Torah

\_\_\_ I prayed at the Shabbat kids program / in the synagogue

\_\_\_ I had a piece of challah and remembered to say the bracha:

On washing hands:

*Barukh atah Adonai Eloheinu melek ha'olam asher kid'shanu b'mitzvotav v'tzivanu al netilat yadayim.*

Before eating the challah bread:

*Barukh ata Adonai Eloheinu melek ha'olam hamotzi lehem min ha'aretz.*

Please check off all the Mitzvot you were able to do over Shabbat. Don't forget to have a parent sign so that you can participate in the Mitzvah jump & receive a prize!

Parent's Signature: \_\_\_\_\_